



SPRING CONFERENCE

The California Association of Social Rehabilitation Agencies presents:

It's Not Just a Job, It's an Adventure!

San Mateo Marriott
1770 South Amphlett Blvd.
April 7-8, 2010

The CASRA spring conference is widely regarded as one of the state's finest training opportunities promoting the recovery, rehabilitation and rights of people with psychiatric disabilities and their families. Plan to join your friends and colleagues in San Mateo for a fun and rewarding learning experience.

Keynote Presenter—Dave Hosseini

Dave Hosseini's adventure in human services began almost four decades ago when Dave became a resident of a home for children in New Jersey. Since then, he has spent most of his life in the world of human services. His career has included positions in direct service, program management and client advocacy. Dave believes that the psychosocial principles of wellness, recovery and resilience cannot be abstract lessons for clients alone, but should instead be incorporated into the belief systems of practitioners and the core values of how agencies care for staff as well as clients.

Over 25 timely workshops and institutes!

- ◇ Inspirational plenary
- ◇ State of the art workshops
- ◇ Join the CASRA social network
- ◇ Free C.E.U.s

For hotel reservations please contact the Marriott at 1-800-556-8972 by March 12 to make your reservation. Request the \$119 group rate for the CASRA conference. Parking: \$8 per day.

CONFERENCE PROGRAM

Wednesday, April 7, 2010

8:00 – 9:00	Check-in and late registration
9:00 – 12:00	Session I (5 concurrent institutes)
12:00 – 1:30	Lunch
1:30 – 4:30	Session II (5 concurrent institutes)

Session I 9:00-12:00

#1 MediCal and Recovery: Making the Marriage Work

Marianne Baptista, *CASRA* and Paul Takayanagi, *Alameda County Behavioral Health Care*

#2 Energy Psychology Techniques for Addressing Vicarious Traumatization and Stress

Rachel Michaelson, *Fiddlehead Training and Consultation*

#3 Community-Supported Self Management: A Strategy for Transformation

Richard Heasley, Tom Genelli, Christian Intemman, Anne Asher, Alex Kutik and Nao Kuboyama, *Conard House, Inc.*

#4 So I Wanted to Work in Mental Health: A Facilitated Discussion Among People in Recovery

Facilitated by Carol Patterson, *Berkeley Mental Health*

#5 Seeds for Recovery: Eliciting Skills, Talents and Gifts

Debra Brasher, Lucinda Dei Rossi and Terri Byrne, *Inspired at Work*

Session II 1:30-4:30

#6 MediCal and Recovery: Making the Marriage Work (part 2)

Marianne Baptista, *CASRA* and Paul Takayanagi, *Alameda County Behavioral Health Care*

#7 Spirituality and Wellness: Exploring Practices for Body, Mind and Spirit

Laura Mancuso, *California Mental Health and Spirituality Initiative* and Sharon Kuehn, *CA Network of Mental Health Clients*

#8 Integrating Health and Wellness Practices into Rehab Programs

C. Kenton Starr and Tam Chandler, *Momentum for Mental Health*

#9 The ADA at Work: Providing Reasonable Workplace Accommodations and Demystifying the Interactive Dialogue

Jane Kow, *Jane Kow and Associates*

#10 Connecting with Your Audience: The Secrets to Dynamic Presentations

Guyton Colantuono and John M. Glover, *Mental Health America, Antelope Valley*

Thursday, April 8, 2010

8:00 – 9:00	Check-in and late registration
9:00 – 10:30	Opening Plenary with Dave Hosseini
10:45 – 12:15	Session I (5 concurrent workshops)
12:15 – 1:30	Lunch
1:30 – 3:00	Session II (5 concurrent workshops)
3:15 – 4:45	Session III (5 concurrent workshops)

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**Plenary**

**Dave Hosseini**

*“It’s Not Just a Job, It’s an Adventure!”*

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Session I 10:45-12:15

#11 Creative Aging: A Psychosocial Rehab Approach to Lifelong Growth in Older Adults

Paul Takayanagi, *Alameda County Behavioral Health Care* and Brent Nettle, *ElderGivers*

#12 Youth Advocates: The New Tool in Your Toolbox

Amber Burkan, *California Youth Empowerment Network*, Stephanie Ramos and a youth panel, *Youth Advocate Committee of Sacramento County*

#13 Creating a Welcoming Environment

Christian Mairena and Ralph Murrieta, Jr., *Momentum for Mental Health*

#14 Interagency Collaborations: The Key to Effective Vocational Services

Sanjida Mazid, Larry Stentzel and Michael Oprendek, *Solano County Health and Social Services*,
Michael Schocket, *Caminar* and Sean Laurant, *Department of Rehabilitation*

#15 Cleaning Up Your Past to Have a Future: Expungement and Criminal Record Relief

Donald E. Landis, Jr., *County of Monterey, Office of the Public Defender*

A Diagnosis is Not a Destiny!

Session II 1:30-3:00

- #16 Mental Health Crises: Replacing Reactive Approaches with those Guided by Recovery and Resilience Principles**
Marianne Baptista, *CASRA*
- #17 The Bipolar Coaster: Riding on the Edge of Madness with Two Minds**
Carlton Davis, *NAMI*
- #18 Increasing the Effectiveness of Services: Introducing Errorless Learning (EL)**
John Brekke, *University of Southern California, Department of Social Work*
- #19 Navigating Supported Education on the Rural Road to Recovery**
Christa Thompson, *Calaveras County Behavioral Health Service* and Ronald Hamilton, *Tuolumne County Behavioral Health Department*
- #20 Effective Advocacy: How to Rock the Boat Without Falling Out**
Chad Costello, *Mental Health America – Los Angeles* and Peter Castle, *CASRA*

Session III 3:15-4:45

- #21 The Pat Deegan Approach to Ethical Decision Making**
Dave Hosseini, *CASRA Emeritus* and Sheila Hembury, *San Francisco State, School of Social Work*
- #22 The Role of Client Networks in System and Personal Transformation**
Madlynn Johnson, *Alameda County Network of Mental Health Clients* and Jay Mahler, *Alameda County Behavioral Health Care*
- #23 Evidence-Based Assessment: Introducing the COIN**
John Brekke, *University of Southern California, Department of Social Work*
- #24 Three Principles Psychology: A Wellness Guided Approach to Mental Health Services**
Eric Zuniga and Meghan Stanton, *Consumers Self-Help Center*
- #25 Fostering Wellness, Recovery and Resiliency Experiences in Organizations**
Margaret Walkover, Andree Reyes, Steven Bucholtz and Jaleah Winn, *Alameda County Health Care Services, Wellness, Recovery, Resiliency Hub*

Continuing Education Contact Hours

MFT/LCSW

CASRA is approved by the CA Board of Behavioral Science (Provider # PCE 4434) for 6 contact hours per day

Certified Alcohol/Drug counselors

CASRA is approved by the CA Association of Alcoholism and Drug Abuse counselors (Provider # 4C-03-501-0105)
For 6 contact hours per day.

Registered Nurses

CASRA is approved by the CA Board of Registered Nursing (Provider # 13852) for 6 contact hours per day.

Certified Psychiatric Rehabilitation Practitioners (CPRP)

CASRA is approved by the United States Psychiatric Rehabilitation Association (Provider #103) for 6 contact hours per day.

Sign Up for CEUs at Registration

California Association of Social Rehabilitation Agencies

April 7 and 8, 2010

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San Mateo Marriott
1770 S. Amphlett Blvd., San Mateo

Contact Information

Name	Title
Organization	
Address	
City/State/Zip	
Phone #	
E-mail address	

Registration Fees

Please check appropriate box. Registration form must be postmarked by March 19, 2010 to avoid fee increase.

Conference Packages	Regular Price by 3/19/2010	Last Minute 3/20/2010 & after
CASRA/USPRA Members		
		USPRA Member #:
1-day 4/7	<input type="checkbox"/> \$155	<input type="checkbox"/> \$210
1-day 4/8	<input type="checkbox"/> \$155	<input type="checkbox"/> \$210
Both days	<input type="checkbox"/> \$310	<input type="checkbox"/> \$420
Non-members		
1-day 4/7	<input type="checkbox"/> \$180	<input type="checkbox"/> \$235
1-day 4/8	<input type="checkbox"/> \$180	<input type="checkbox"/> \$235
Both days	<input type="checkbox"/> \$360	<input type="checkbox"/> \$470
Consumer and Student		
1-day 4/7	<input type="checkbox"/> \$125	<i>Rate applies only to Consumers and Students who are not employed in the mental health field.</i>
1-day 4/8	<input type="checkbox"/> \$125	
Both days	<input type="checkbox"/> \$250	

Conference Registration

Registration

A check, money order, credit card information, or purchase order for the full amount of the conference must accompany each registration form. There will be a \$25 charge for all returned checks. **MAKE CHECKS PAYABLE TO CASRA.**

Please send completed registration form and payment to: CASRA Attn: Conference • PO Box 388 • Martinez, CA 94553. For credit card payment, fax to 925-229-9088.

Refund Policy

By registering for this conference, you are liable for the registration fee whether or not you attend. Refunds will be honored provided a written notice of cancellation is received by March 31st. All refunds will be assessed a \$25 processing fee, which will be deducted from the refund check. Refunds will be processed within 6 weeks from the date of the request.

Payment

Total Due \$ _____

Credit Card Information

MasterCard ___ Visa ___ Exp: _____

Card number _____

Name as it appears on card _____

Billing address _____

City/State/Zip _____