

## Links to Videos from Overview of Recovery Workshop

Pat Deegan Video

<https://www.youtube.com/watch?v=jhK-7DkWaKE>

Ted Talk – Robert Gupta, Music is Medicine, Music is Sanity

[https://youtu.be/C\\_SBGtJgBGo](https://youtu.be/C_SBGtJgBGo)