

The Glass Half Empty The Glass Half Full Language Exercise

Translate the terms used in the "Deficit-Based Language" column into
 Strengths-Based, Person-Centered Language

| Deficit-Based Language | Strengths-Based, Person-Centered Language |
|---|---|
| He's a Schizophrenic. She's so Borderline. | |
| An Addict / Junkie Crack-head / Meth-head | |
| Non-Compliant | |
| Unmotivated or "Not Ready" | |
| In Denial Lack of Insight | |
| Entitled | |
| Manipulative | |
| Splitting | |
| Acting Out | |

(Exercise adapted for this presentation from Person Centered Care Planning and Service Engagement (PCCP), Yale University, 2017. Content of table derived from the following sources: Tondora and Davidson, 2006; White, 2001; and Meta Services, 2005.)