

# Psychosocial Assessment

**Name:** Jayson Jefferson

## **Demographic Data**

Jayson is a 20 year old African American man.

## **Current Mental Health Concerns**

Jayson was recently brought to psychiatric emergency by his mother who reports that her son has been acting “crazy”. While on the unit Jayson presented as withdrawn and often was preoccupied with internal stimulation as evidenced by his mumbling responses while alone and gesturing as if in animated conversation. Jayson does not believe he has a mental illness and does not want mental health services.

## **Developmental Factors**

Jayson had normal developmental growth throughout his childhood. At 20 Jayson was diagnosed with schizophrenia, disorganized type. Family reports a marked change in behavior at the age of 19. Jayson is an only child.

## **Trauma**

At the age of 16 Jayson was sent to live with a family friend due to a financial crisis in the family. Father lost his job and mother is permanently disabled. Parents are separated and reside separately but are not divorced. Jayson reports no sexual or physical abuse.

## **Hospitalizations**

This was Jayson’s first hospitalization lasting seven days.

## **Medication Management**

While on the unit Jayson was prescribed Risperidol. Jayson complains of side effects, especially that the medication “dulls his mind”. He would like to get off of the medications as soon as possible.

## **Risk Assessment**

Jayson has no history of suicidal behavior or thoughts and is not a risk to self or others. There is no family history of suicide.

## **Risk Factors**

He experiences intrusive thoughts that inhibit his ability to participate in school, other activities and treatment. He spends most of his time lying in his room staring into space.

## **Community Living Skills**

Jayson has very little in his daily routine. He sleeps and/or is in bed 16 hours per day. Hygiene is very poor. He finds it very difficult to perform self-care activities. Jayson is unable to cook for himself. His mother provides all of his meals and does his laundry when he allows her to.

## **Social Network and Family Involvement**

Jayson has strong family support from both parents as well as a family friend in Atlanta whom Jayson calls “Auntie”. He currently sees no peers, despite the fact that he had a number of close friends in high school.

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## **Cultural and Environmental Supports**

Has a strong kinship network. His church congregation remains an important support in the family's life. He was brought up in a culturally/ethnically diverse neighborhood and is comfortable in multicultural environments.

## **Housing**

Jayson has never lived on his own. As a child and young man he took pride in keeping his room clean and helping his parents around the house. He currently lives with his mother.

## **Education**

Jayson has a high school diploma and some community college units. In high school he was an outstanding student with a 3.8 GPA. His teachers describe him as gifted, insightful and creative. He excelled in football and track. Prior to his illness, Jayson was excited and motivated to go to college.

## **Employment**

Jayson has no employment history. Jayson expresses a desire to be independent and employed but is unsure how to begin. He has stated that he would like to follow in his father's footsteps and become an engineer.

## **Finances/benefits**

Jayson is applying for SSI.

## **Physical Health**

Jayson's overall physical health is good although it is compromised by poor eating habits and a lack of physical activity at this time.

## **Legal**

Jayson has no legal issues either civil or criminal.

## **Spirituality**

Jayson had a strong Christian upbringing in a fundamentalist church and remains connected to this church, although unable to participate in the last year. Members of the congregation support both the mother and Jayson through meals and emotional support.

## **Life Satisfaction/Quality of Life**

Jayson expresses deep dissatisfaction with his current situation. He does not understand why people are concerned about him and just wants to be left alone. He would like to go back to school but feels unable to make that happen. He is very disappointed and embarrassed by what he sees as his college failure and does not stay in contact with former friends from high school. He misses his participation in team sports and general physical activity.

## **Basic Needs**

Jayson's basic needs are met by his mother. She is happy to be his caregiver but is physically disabled herself and must rely on others for support, including her husband.