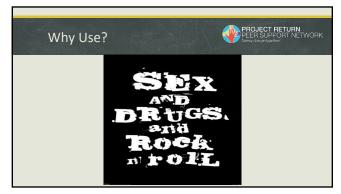


Articulate at least 10 alternative options (interventions – other than abstinence) to assist with reducing harm associated with drug/alcohol use and other issues or situations. Define the 3 E's and interventions that fit into each E. Articulate the role of Harm Reduction principles in practice. How practicing person-centered services such as Harm Reduction is culturally sensitive.





Principles of Harm Reduction



- Accepts, for better and or worse, that licit and illicit drug use is part of our world and chooses to work to minimize its harmful effects rather than simply ignore or condemn them.
- Understands drug use as a complex, multi-faceted phenomenon that encompasses a continuum of behaviors from severe abuse to total abstinence and acknowledges that some ways of using drugs are clearly safer than others.
- Establishes quality of individual and community life and well-being—not necessarily cessation of all drug use—as the criteria for successful interventions and policies.

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Principles of Harm Reduction



- Calls for the non-judgmental, non-coercive provision of services and resources to people who use drugs and the communities in which they live in order to assist them in reducing attendant harm.
- Ensures that drug users and those with a history of drug use routinely have a real voice in the creation of programs and policies designed to serve them.
- Affirms drugs users themselves as the primary agents of reducing the harms of their drug use and seeks to empower users to share information and support each other in strategies which meet their actual conditions of use.

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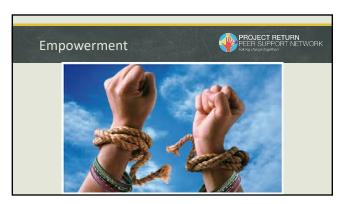
The Three E's of Service Delivery



- Engagement
- Education
- Empowerment







Do the Mar Crosswalk	th: Intervention		PROJECT RETURN PEER SUPPORT NETWO Toking sharge together!
ssue	Positive Impacts	Negative Impacts	Interventions
1.Sex Work 2.Marijuana 3.Alcohol 4.Cocaine 5.Heroin 6.Meth 7.Homelessness 8.Mental Health 9.Psych Medications 10.Self-Harm			