

Recovery Oriented Supervision Values Activity

Review the two pages of work values and select 5 work values that are the most important to you.

List the work values you selected from 1-5 in order of importance and answer the following questions:

1. Which values did you choose and why (in order of importance)?
2. Do you have the same values you identified, 5-10 years ago?
3. Where do you think the values came from? (i.e. family, religion, school, community, etc.)
4. What are some similarities and differences in your group?

Sample list of Job Values

<p>Job Tranquility Avoid pressure & “the rat race” in job role & work setting</p>	<p>Competition Engage in activities which pit my abilities against others</p>	<p>Adventure Have work duties, which involve frequent risk taking</p>
<p>Security Be assured of keeping my job and a reasonable financial award</p>	<p>Power & Authority Control the work activities or (partially) the destinies of others</p>	<p>Work alone Do projects by myself without any amount of contact with others</p>
<p>Help others Be involved in helping people directly, either individually or in small groups</p>	<p>Physical challenge Have a job that requires bodily strength, speed or agility</p>	<p>Work relationships Have close working relationships with groups; work as a team to common goals</p>
<p>Change and Variety Have work responsibilities frequently changed in content and setting</p>	<p>Precision work Deal with tasks that have exact specifications, which require careful, accurate attention to detail</p>	<p>Location Find a place to live (town, geographical area) conducive to my lifestyle, a desirable home base for my leisure, learning and work life</p>
<p>High earnings anticipated Be able to purchase essentials and the luxuries I wish</p>	<p>Artistic creativity Engage in creative work in any of several art forms</p>	<p>Affiliation Be recognized as a member of a particular organization</p>
<p>Knowledge Engage myself in pursuit of knowledge, truth and understanding</p>	<p>Make decisions Have the power to decide the courses of action, policies, etc. – a judgment job</p>	<p>Advancement Be able to get ahead rapidly, gaining opportunities for growth and seniority from work well done</p>
<p>Influence people Be in a position to change attitudes or opinions of other people</p>	<p>Friendship Develop close personal relationships with people as a result of work activity</p>	<p>Help society Do something to contribute to betterment of the world</p>

Moral Fulfillment Feel that my work is contributing to ideals that I feel is very important	Excitement Experience a high degree of stimulation or frequent novelty and drama on the job	Creativity (General) Create new ideas, programs, organized structures or anything else not following format developed by others
Independence Be able to determine nature of work without significant direction from others. Not have to follow instructions or conform to regulations	Creative expression Be able to express in writing and in person my ideas concerning my job and how I might improve it. Have opportunities for experimentation and innovation	Status Impress or gain the respect of friends, family and community by the nature and/or level of responsibility of my work
Intellectual status Be regarded as very well informed and a strong theorist. Acknowledged as an expert in a given field	Fast pace Work in circumstances where there is high pace activity and work done rapidly	Exercise competence Demonstrate a high degree of proficiency in job skills and knowledge; show above average effectiveness
Work under pressure Work in time-pressured circumstances, where there is little or no margin for error, or with demanding personal relationships	Work on the leading edge of knowledge Work in research and development, generating information and new ideas in the academic, scientific, or business communities	Community Live in a place where I can meet my neighbors and become active in local politics or service projects
Supervision Have a job in which I am directly responsible for the work done by others	Aesthetics Be involved in studying or appreciating the beauty of things, ideas, etc.	Public contact Have a lot of day-to-day contact with people
Time freedom Have responsibilities I can work at according to my own time schedule. No specific working hours requires	Wealth accumulation Have a strong likelihood of accumulating large amounts of money or other material gain through ownership, profit sharing, commissions, merit pay increase and the like	Stability Have a work routine and job duties that are largely predictable and not likely to change over a long period of time