

Ways I Feel Appreciated At Work

*Circle the following way(s) that you like to be recognized
and ~~Cross out~~ the ways that you do not like to be recognized*

- 1) an email that only I receive
- 2) an email for me that cc's my supervisor's supervisor
- 3) an email for me that cc's my co-workers
- 4) a handwritten note
- 5) a one-on-one conversation
- 6) food or coffee
- 7) a small token of appreciation
- 8) an announcement made in front of others
- 9) getting to spend some time with my supervisor
(a walk, going out to lunch)
- 10) other: _____
- 11) other: _____
- 12) other: _____

Name: _____