

Transitions to Housing

A New Way Home





Background and Design

A Peer-Driven Initiative

Michael Reynolds, Peer Division Director
& Program Architect

Motivating Factor

Peer Center Member

- Excited
- Disappointed
- Disillusioned
- Opportunity



The Program Design

Finding and Filling the Gaps

Research

- WCCS Housing Department
- County Homelessness Services
- CBO Case Managers
- Formerly Unhoused
- Currently Unhoused

Findings

- One-to-One Peer Support
- Tools for Successful Housing
- Experience of Success
- Build Personal Responsibility
- Develop Community Engagement

Criteria for Participation

1. Willingness to participate in the program
2. Self-identified challenge regarding housing
3. 18 years or older
4. Resident of Sonoma County



Program Timeline

Referral

- Referring organization completes referral through Google form link
 - Program Manager meets with potential Participant to discuss the program and answer questions
 - Complete Intake Documents
-

Our Roles and Responsibilities (Peer Specialist):

1. Listen to understand
2. Be on time and prepared
3. Always treat you with dignity and respect
4. Help you discover what you want and need in order to be successful
5. Guide you through the program to the best of my ability
6. Find and connect you with any additional resources you need
7. Provide you with clear and honest feedback to help you get the most from the program
8. Celebrate your successes with you

Your Roles and Responsibilities (Participant):

1. Be on time
2. Let me know when you need a resource
3. Participate in activities and discussions to the best of your ability
4. Tell me if you have a question or concern about anything

I agree to do my best to carry out my roles and responsibilities.

Data Tracking

- At Intake
- Quarterly Questionnaire
- At Program Completion
- Following Completion

In the past 12 months:

How many nights, weeks or months have you spent outside of permanent housing?

How many total nights have you spent at a shelter?

How total nights have you spent at CSU?

How many trips to the ER have you had?

How many encounters with Law Enforcement have you experienced?

How many total nights spent at Sonoma County Jail?

Anything else you would like to tell us?



Phase 1:

Months 1 and 2

Objective:

Build the relationship and provide support

Up to 5 Days per Week

1 to 2 Hours per Day

Tasks


Mon: Check-in, Resource Research

Tue: Transitions Class (9 weeks)

Wed: Writing/Journaling

Thu: Being a Good Tenant (4 weeks),
Being a Good Roommate (4 weeks)

Fri: Self-Care, Personal Responsibility



Phase 2:

Months 3 to 6

Objective:

Build skills and mindset of success

Up to 3 Days per Week


1 to 2 Hours per Day

Tasks

Mon: Check-in, Resource Research,
Revisit Transitions Material

Wed: Writing/Journaling

Fri: Being a Good Employee (4 weeks),
Self-Care, Personal Responsibility



Phase 3:

Months 7 to 9



Objective:

Develop Community Engagement


Up to 2 Days per Week

2 Hours per Day

Tasks

Tue: Financial Literacy (4 weeks),
Check-in, Resource Research

Thu: Field Trips 2x/mo, Self-care,
Personal Responsibility



Phase 4:

Months 10 to 12



Objective:

Preparing for completion

One Day per Week

2 Hours per Day

Tasks

Check-in, Resource Research

Field Trips 2x/mo

Self-care 2x/mo




Graduation

Objective:

Celebrate successes and transition to new phase





Phase 5:

Months 13 to 24

Follow Up

- One Month
- Three Months
- Six Months
- One Year

One Month

- 1. How satisfied are you with the services you received in the Transitions Program?**
- 2. How satisfied are you with the resources and referrals provided?**
- 3. What were the most helpful aspects of the program?**
- 4. What else would be helpful for supporting you in retaining housing?**
- 5. Anything else you would like to tell us?**

Three Month

Thank you for helping us make sure you are continuing to receive the best support to maintain housing by answering the following questions.

- 1. Are you still in housing? If not, what changed that led to you losing housing?**
- 2. What additional resources and/or support do you need in order to regain or stay in PSH? Ex: Employment search, food security, etc.**
- 3. Anything else you would like to tell us?**

Outcomes and Data

Danielle Tucker, Transitions Program Manager

OUTCOMES and DATA

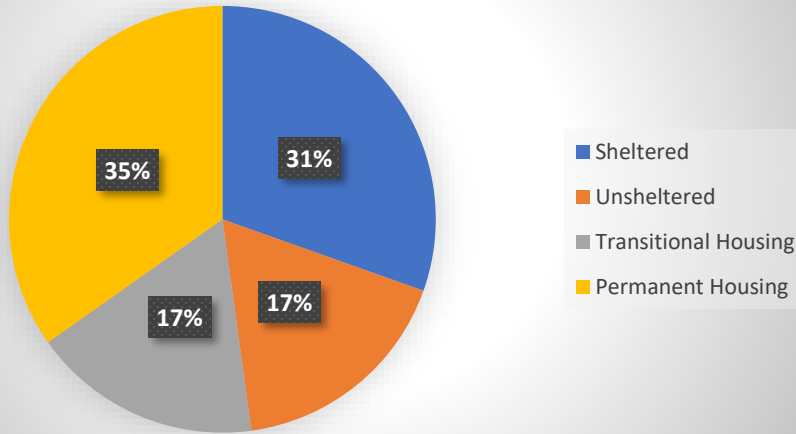


Program Graduates Crisis Service Utilization

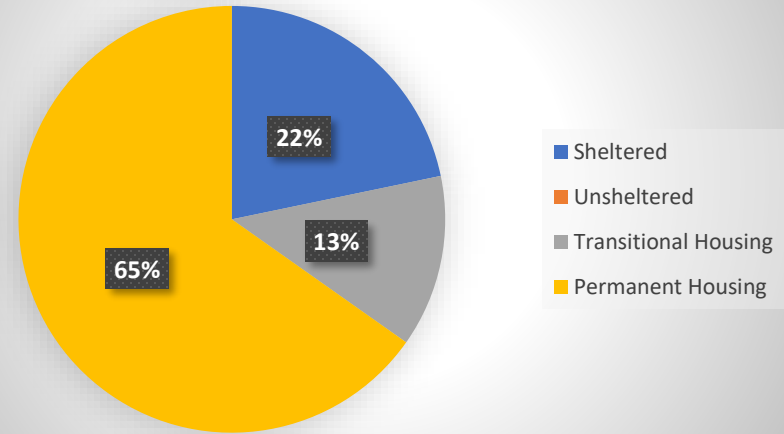
<u>Intake/Exit Questions (12 month period)</u>	<u>Intake</u>	<u>Exit</u>
How many total nights have you spent at a Crisis Stabilization Unit?	24 nights	0 nights
How many trips to the emergency room have you had?	63	41
How many encounters with law enforcement have you experienced?	18	15
How many total nights spent at Sonoma County Jail?	154 nights	17 nights

OUTCOMES and DATA (cont.)

Intake Housing Status

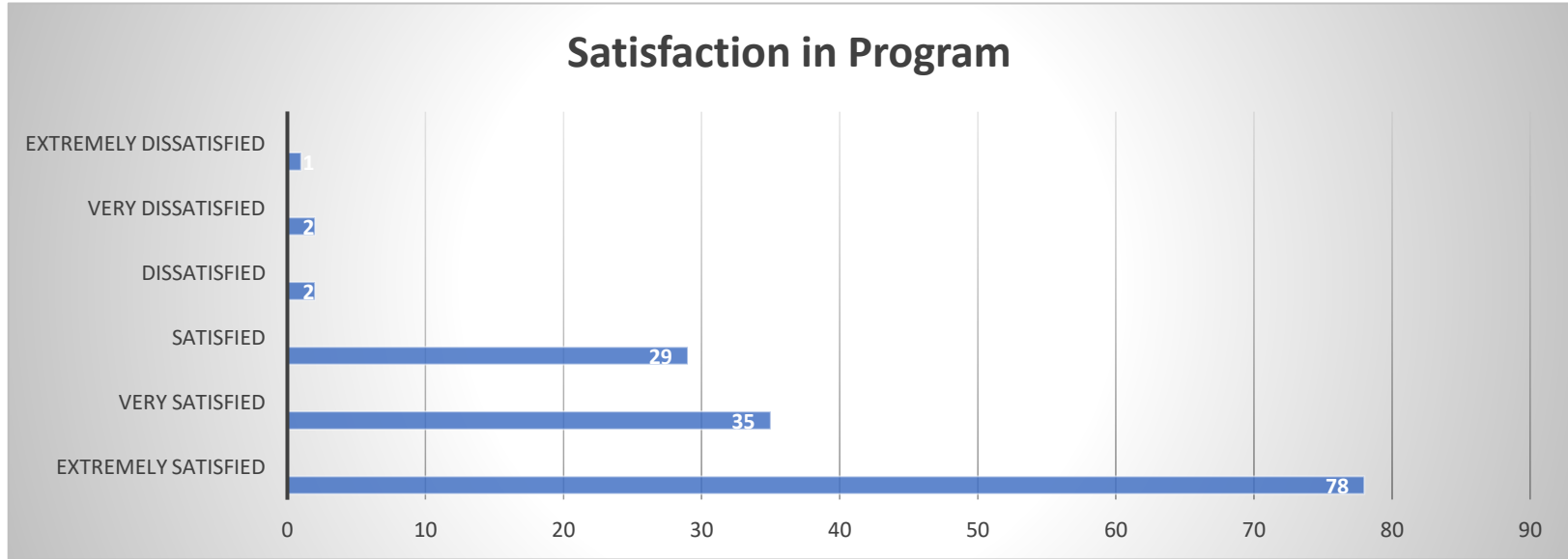


Graduation Housing Status



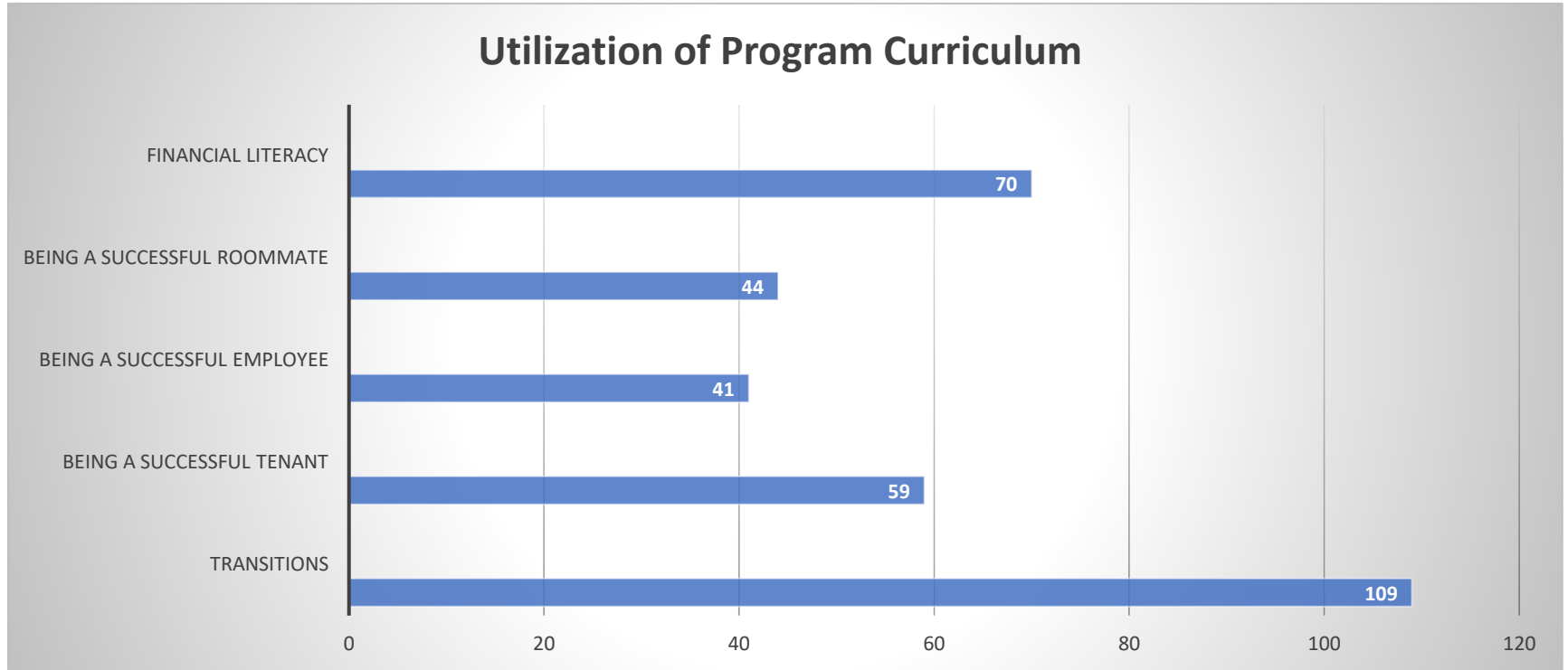
Reduction of unsheltered from 17% to 0%
Increase of 30% of those in permanent housing

OUTCOMES and DATA (cont.)



Extremely Satisfied, Very Satisfied or Satisfied: 97%

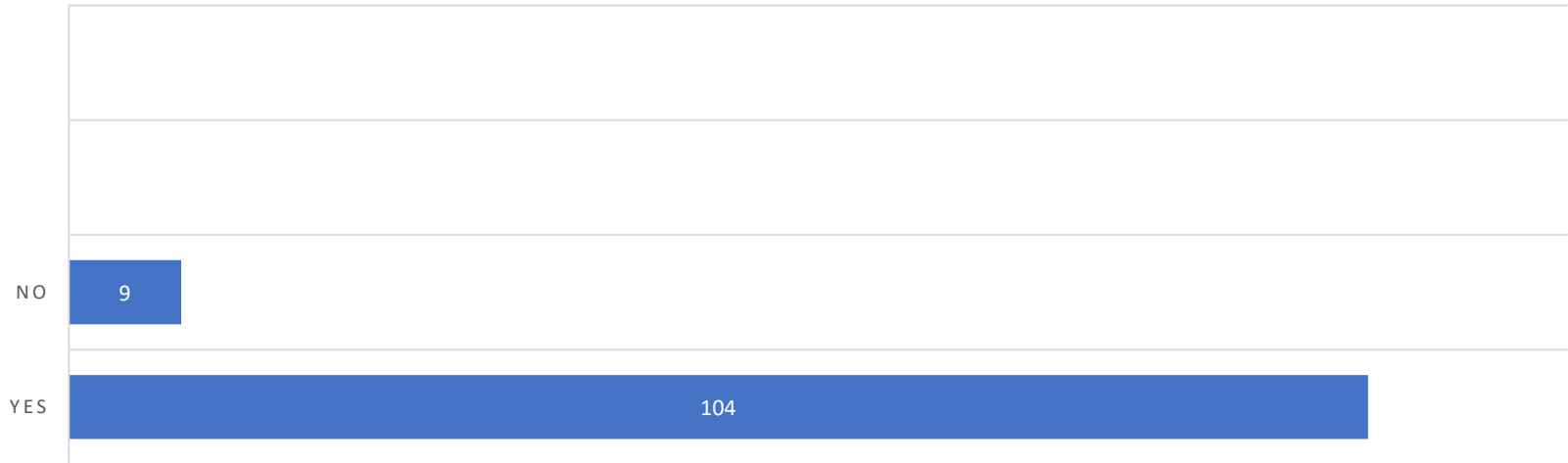
OUTCOMES and DATA (cont.)



OUTCOMES and DATA (cont.)

Has the Transitions into Housing program provided you skills, knowledge or resources to obtain or maintain housing?

92% YES



100%

Housing Stability

**67% took a positive step
in their housing**

(Those not already in permanent housing)

Graduates of program



Questions?

Thank You!

**Contact for questions,
program consulting or training:**

Michael Reynolds

fruitsofthespirit1973@gmail.com

707-888-9665
